

TURTLE TROT 5K Run/Walk

AMELIA ISLAND, FL

Monday September 2nd 7:30 a.m. Start

Main Beach Park, Atlantic Avenue

Fernandina Beach, FL

All-beach route!

PACKET PICK-UP:

1. CURRENT RUNNING 815 S. 8TH ST.
FERNANDINA BEACH, FRI. AUG 30th and
SAT AUG 31, FROM 10:00—5:00 P.M.
2. RACE DAY MORNING MAIN BEACH AT
6:30 A.M.

Race Starts and Ends on the Beach at Main Beach Park (corner of Atlantic Ave and S. Fletcher Ave). Out and Back course with Walker's Welcomed! Water Available at Start, 1 & 2-Mile, and Finish. Please Don't Run/Walk on the Sand Dunes. No Refunds, Duplicate Awards, or Walk Awards. FREE Parking at Main Beach Park.

REGISTRATION & FEES

\$25 per person through Sunday, August 4th, 2019; \$30 Aug 5th thru day of race; \$20.00 per person for A.I.R. and Florida Strider Members, \$25.00 after August 4th.; \$8.00 per child for the 1-Mile Kid's Fun Run \$10 after Aug 12th. (Cotton T Shirts for Kids).

Pre-Registration: Easy to register on Active.Com, just enter: "Turtle Trot" in Search.

A.I.R. and Florida Strider member's check your email for the Active.Com password for this event OR email ameliarunners@gmail.com for the password. Additionally, you may drop off entries at Current Running, 815 S. 8th St., OR you may also mail entries to Amelia Island Runners, P.O. Box 15322, Fernandina Beach, FL 32035.

Pre-registration closes Wednesday, August 30th, 2019.

Day of Race Registration: Begins at 6:15 a.m. at Main Beach Park. NO REGISTRATIONS WILL BE ACCEPTED AFTER 6:45 a.m. THE DAY OF THE RACE. Please register early. You must wear a chip on your shoe to be included in the race results.

Proceeds Benefit: Amelia Island Runners and Amelia Island Sea Turtle Watch.

Awards: Finisher medals for all 5K participants. 5K Age Group Awards for Both Male and Female. Overall, Masters, and Three Deep Age Group Awards.

Only Pre-Registered Runners by August 16th are Guaranteed a Shirt

Drop off	Current Running	Mail	Amelia Island Runners
Entries at:	815 S. 8th St. Fernandina Beach, FL 32034 (904) 432-8259	Entries to:	P.O. Box 15322, Fernandina Beach, FL 32035 Questions? Please email ameliarunners@gmail.com

Make checks payable to: Amelia Island Runners

Please Print: Name _____ Age on race day: _____ Male ___ Female ___

Address _____

City _____ State _____ Zip _____ Distance: 5K ___ Kid's Run ___

T-Shirt Size: (circle one) S M L XL XXL Youth S Youth M

Mobile Phone _____ E-Mail _____

Waiver: BY MY SIGNATURE I ACKNOWLEDGE THAT: Participating in an organized running event is a potentially hazardous activity. I will not participate unless physically and medically able. I agree to abide by all decisions of race officials relative to my ability to safely complete the race course. I assume all risks associated with participating in this event including but not limited to: Slip/trip/fall, contact with other participants, weather conditions, including high heat and/or humidity, traffic and the conditions of the road and course, all such risks being known and appreciated by me. Having read this waiver and in consideration of entry into this event being accepted, I, for myself and anyone named or entitled to act on my behalf, waive and release members and volunteers of Amelia Island Runners, Inc. (AIR), Road Runners Club of America (RRCA), 1st Place Sports, St. Peter's Episcopal Church, the city of Fernandina Beach, county of Nassau, state of Florida and all sponsors, their representatives and successors, from all claims and/or liabilities of any kind arising out of my participation in this event, including any liability that may arise out of carelessness or negligence by persons or organizations named in this waiver. I agree and grant permission that should circumstances arise, I defer to race officials and/or qualified persons as to my need to be examined and/or treated medically during the race. I agree that race officials and/or qualified persons have the right to disqualify and remove me from the race course should I be suffering from a life-threatening condition. I further grant to Releasees the right to use any and all photographs, images, or accounts of this event in any matter they feel appropriate. I agree to abide by all RRCA Guidelines, including but not limited to: No use of headphones or any other device that limits awareness of the participant, or any type of wheeled conveyance (excluding use by handicapped or physically disabled participants). Animals are prohibited from the race course unless for the use and assistance of handicapped or physically disabled participants.

I have read and understand the above release. I agree with all of the terms of the release and I certify that I am over the age of 18 or have parent/guardian signature below.

Participant Signature: _____ Date _____

I certify that I am the parent or guardian of the above named participant. I agree with and expressly adopt all of the terms of this release.

Parent/Guardian Signature: _____ Date _____